

Nutrition Facts
Serving Size 1oz. (28g / 1"x1" cube)
Servings Per Container about 8

Amount / Serving		Fat Cal 80	
		% Daily Value*	
Calories	110		
Total Fat	8g		12%
Sat. Fat	5g		25%
Trans Fat	0g		0%
Cholesterol	30mg		10%
Sodium	120mg		5%
Total Carbohydrate	<1g		0%
Dietary Fiber	0g		0%
Sugars	<1g		
Protein	7g		
Vitamin A	4%	Vitamin C	0%
Calcium	25%	Iron	0%

*Percent Daily Values are Based on a 2,000 calorie diet.
Ingredients: Cultured goat milk, salt, microbial enzymes.

Raw Milk
Sharp Cheddar Cheese



Mfg. by:
Mt. Sterling Creamery
Mt. Sterling, WI 54645

www.buytsterlinggoatcheese.com

Keep Refrigerated

Nutrition Facts
Serving Size 1 oz. (28g/1" x 1" cube)
Servings Per Container 8

Amount Per Serving		Calories from Fat 80	
		% Daily Value*	
Calories	110		
Total Fat	8g		12%
Saturated Fat	5g		25%
Trans Fat	0g		0%
Cholesterol	30mg		10%
Sodium	120mg		5%
Total Carbohydrate	<1g		0%
Dietary Fiber	0g		0%
Sugars	<1g		
Protein	7g		
Vitamin A	4%	Vitamin C	0%
Calcium	25%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet.
Ingredients: Cultured goat milk, salt, microbial enzymes.

Raw Milk
Mild Cheddar Cheese



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Nutrition Facts
Serving Size 1 oz. (28g/1" x 1" cube)
Servings Per Container 8

Amount/Serving		Fat Cal 80	
		%DV*	
Calories	110		
Total Fat	8g		12%
Sat. Fat	5g		25%
Trans Fat	0g		0%
Cholesterol	30mg		10%
Sodium	120mg		5%
Total Carbohydrate	<1g		0%
Dietary Fiber	0g		0%
Sugars	<1g		
Protein	7g		
Vitamin A	4%	Vitamin C	0%
Calcium	15%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet.
Ingredients: Pasteurized cultured goat milk, salt, microbial enzymes.

Sharp Pasteurized
Mild Cheddar Cheese



Mfg. by:
Mt. Sterling Creamery
Mt. Sterling, WI 54645

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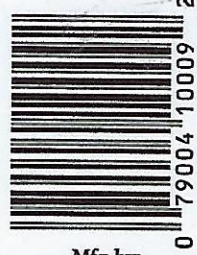
Questions call toll free:
1-866-289-4628

Nutrition Facts
Serving Size 1 oz. (28g/1" x 1" cube)
Servings Per Container 8

Amount/Serving		Fat Cal 80	
		%DV*	
Calories	110		
Total Fat	8g		12%
Sat. Fat	5g		25%
Trans Fat	0g		0%
Cholesterol	30mg		10%
Sodium	120mg		5%
Total Carbohydrate	<1g		0%
Dietary Fiber	0g		0%
Sugars	<1g		
Protein	7g		
Vitamin A	4%	Vitamin C	0%
Calcium	15%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet.
Ingredients: Cultured goat milk, salt, microbial enzymes.

Pasteurized
Mild Cheddar Cheese



Mfg. by:
Mt. Sterling Creamery
Mt. Sterling, WI 54645

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Nutrition Facts
Serving Size 1oz. (28g / 1"x1" cube)
Servings Per Container about 8

Amount / Serving		Fat Cal 70	
		% Daily Value*	
Calories	100		
Total Fat	7g		11%
Sat. Fat	5g		24%
Trans Fat	0g		0%
Cholesterol	25mg		8%
Sodium	240mg		10%
Total Carbohydrate	0g		0%
Dietary Fiber	0g		0%
Sugars	0g		
Protein	7g		
Vitamin A	6%	Vitamin C	0%
Calcium	25%	Iron	0%

*Percent Daily Values are Based on a 2,000 calorie diet.
Ingredients: Pasteurized cultured goat milk, salt, microbial enzymes.

Mozzarella Cheese



Mfg. by:
Mt. Sterling Creamery
Mt. Sterling, WI 54645

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Nutrition Facts
Serving Size 1 oz. (28g/1" x 1" cube)
Servings Per Container 8

Amount/Serving		Fat Cal 80	
		%DV*	
Calories	110		
Total Fat	8g		12%
Sat. Fat	5g		25%
Trans Fat	0g		0%
Cholesterol	30mg		10%
Sodium	120mg		5%
Total Carbohydrate	<1g		0%
Dietary Fiber	0g		0%
Sugars	<1g		
Protein	7g		
Vitamin A	4%	Vitamin C	0%
Calcium	25%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet.
Ingredients: Cultured goat milk, salt, microbial enzymes.

Raw Milk
Mild Cheddar Cheese Smoked



Mfg. by:
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